

**GREATER CHICAGO
CHAPTER
NEWSLETTER**



March 2006

2006-2007 Executive Committee

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**REMEMBER TO VISIT OUR
WEBSITE AT:
WWW.ASSECHGO.ORG
OR LINK TO US
FROM THE
NATIONAL WEBSITE AT:
WWW.ASSE.ORG**

ASSE NEXT MEETING

TUESDAY— MARCH 13, 2007

“How to? And Lessons Learned on Obtaining the ISO 14001 and OSHA VPP Certifications”

Please join our March meeting and our presenter Ed Glod of Northrop Gruman. Ed's presentation give us a "How to and a Lesson's learned of the ISO 14001 and OSHA VPP Certifications".

Ed Glod has spent his entire career in all aspects of the Environmental, Health and Safety field. Immediately after completing his graduate work in chemistry at Ohio State, Ed began his government experience as the Chief of the Environmental Laboratories for the State of Ohio. In 1982, Ed moved to the Chicago area to join Chemical Waste Management. As Research Scientist he worked on ocean incineration and other waste treatment technologies and supported the company's responses to regulatory matters. For the last 17 years, Ed has directed the EH&S program for Northrop Grumman at their Rolling Meadows facility and has supported the EH&S programs at other company sites across the country. Ed become especially interested in EH&S management systems and was actively involved in Rolling Meadows pursuit of ISO 14001 and OSHA VPP certifications. He has been a Certified Hazardous Materials Manager since 1989.

Northrop Grumman of Rolling Meadows, has obtained certification to the ISO 14001 standard (Environmental Management System) and to the OSHA Voluntary Protection Program (VPP) standard for a health and safety management system. Before pursuing these certifications, the site's EH&S organization believed they had a good EH&S program and obtaining these certifications would be a "slam dunk". However, in pursuing them they learned much, including humility, and are continuing to learn. The presentation will

describe the site's motivation for obtaining ISO 14001 and VPP, what went well, and lessons learned.

Note: Rich Moscato, a member of our Chapter, is running for the office of ASSE Vice President of Region V (our Region). Therefore, he will share a few remarks with us and will be happy to answer any questions attendees may have about this ASSE position or his Platform Statement, which is included in this Newsletter.

Lunch and Meeting Pricing:

Advanced Registration ASSE Members and Guests: \$20

Registration at the Door: \$25

Retired Emeritus Members: FREE

Meeting Information:

11:30 am Registration

12:00 pm Lunch

1:00 pm Presentation

2:00 pm Executive Committee meeting (all are welcome to attend)

Cucina Biagio Restaurant, 7313 W. Lawrence, Harwood Heights, IL (708-867-4641). *Directions: From Downtown, take I-90 West (toward O'Hare) to Harlem Avenue, exit South. Go approximately 1 mile to Lawrence, turn right (West) - on left side of street, about 1 block.*

RSVP to 773-894-7065, by March 12 and leave a message that includes your name, company name and phone number or respond directly to your Evite.

REVIEW OF BOTH CANDIDATES FOR THE REGION V REGIONAL VICE PRESIDENT



RICHARD MOSCATO, CSP

BIOGRAPHY:

Rich Moscato, CSP - is President of The Rimco Group safety and health consulting company. He was Senior Manager - Corporate Safety at Sara Lee Corporation, guiding their global safety programs. He provided effective, high quality technical and strategic safety advice to both executives and line management worldwide. Sara Lee achieved outstanding safety performance.

He was corporate safety manager for the Chicago Tribune, International Harvester and Crane Company. He graduated from City College of New York and the U.S. Army Engineer School.

Moscato held ASSE offices at all levels, including: President - Greater Chicago Chapter, where he is still on their Executive Committee, and many national committees (e.g. Long-Range Strategic Planning). He is a member of the Management (Past Administrator), Consultants and International Practice Specialties (IPS). He is a member of the IPS leadership team and is Membership Liaison for the Americas. Moscato received the Greater Chicago Chapter and Region V SPY awards, the 2003 ASSE national Safety Professional of the Year award, and 2004 Culbertson "Outstanding Volunteer Service" Award for chairing the Task Force for ASSE's Safety Management Symposium, "Achieving World-Class Safety".

Moscato served on the National Safety Council's (NSC) Board of Trustees. In 2000, he received the NSC Distinguished Service to Safety Award, their highest award.

He volunteers in community charities and was a Chicago Board of Education volunteer speaker for inner city school children, encouraging them to pursue a technical career. He is a special Election Judge, in his County, solving problems and assisting voters with disabilities.

PLATFORM STATEMENT:

All elected officers should strive toward moving our Society from its current state to a future enhanced state to better serve our members. The Regional Vice President, working through the Executive Committee of each Chapter, has to provide leadership in this endeavor.

My goals are to assist chapters, and thereby members, to:

Enhance communication within Region V,

(a.) by providing ongoing and prompt information to all chapters and responding quickly to chapter/member questions or problems; (b.) by establishing a way to encourage cross communication between chapters and, thereby, sharing of "lessons learned"; (c.) become more efficient electronically, via web sites and email systems.

Strive toward improving professional development,

by increasing awareness of educational opportunities, and providing more technical/strategic "take home and use" information and meeting presentations.

Increase member participation,

by providing and sharing "best practices" that have been successful in increasing meeting attendance and motivating members to become part of the chapter's leadership.

Provide strong representation at the ASSE national level,

Having served on various national committees and having been a very active Chapter Delegate, as well as a member of three Practice Specialty groups, I know how our society works. This will assist me in being a strong voice for Region V and help to resolve regional / chapter problems.

My overall goal is to use my extensive ASSE and business experience to provide leadership, assistance and consultation to Chapters. As a team, with enhanced communication within Region V, we should be able to help better serve you our members. I sincerely look forward to serving you.

REVIEW OF BOTH CANDIDATES FOR THE REGION V REGIONAL VICE PRESIDENT



JIM WEAVER, CSP

BIOGRAPHY:

Jim Weaver is a Certified Safety Professional (CSP) who received his Bachelor of Science degree in Industrial Engineering from Kansas State University and his Master of Science degree in Industrial Safety Management from Central Missouri State University. He has been a member of ASSE since 1993 and has served at the chapter, region and society levels.

Jim has been actively involved in the Heart of America Chapter performing the roles of Treasurer, Secretary, Vice-President, President and Executive Committee member. Jim is active in ASSE Region V serving on the ASSE Region V Nominating Committee and as Assistant Regional Vice President for Professional Affairs. Jim also serves on ASSE's National Government Affairs Committee. In 2004 he received the Heart of America Chapter Safety Professional of the Year Award (SPY) and in 2005 received the Region V SPY award.

Jim currently works for Hallmark Cards as Principal Risk Control Administrator where he oversees the corporate safety and risk control audit programs. Jim has served as the chair of Hallmark's United Way Campaign, as Vice-Chair of the Printing and Publishing Section of the National Safety Council, on the Executive Board of Directors for the Safety & Health Council of Western Missouri and Kansas, on the Fox 4 Love Fund Board of Directors, on the Safety Fore Kids Golf Committee and the Kansas City Conference Planning Committee.

Jim is a husband of nine years to his wife Becky and father of two wonderful children, Madison and Max. Jim resides in Lenexa, Kansas.

PLATFORM STATEMENT:

It is an honor and privilege to run for Region V Vice President representing the great states of America's heartland. I am passionate about safety, and have been successful in my career because of my integrity, leadership, and ability to listen and learn. I want to use these skills to serve and represent this region.

ASSE is a great society and presents many opportunities for involvement. Our mission statement says we are a member-driven association supporting the protection of people, property and the environment. This mission cannot be fulfilled without the involvement of our chapters and membership. I will serve our region - assisting each chapter and their members in accomplishing their goals and objectives in line with the strategic plan of the Society. As that great philosopher Anonymous said, "The difference between 'extraordinary' and 'ordinary' is just a little 'extra'. I will work with our members to find that extra and make us the premiere region in the Society.

I also believe the role of the RVP is to be the voice of the chapters and members in our region to the Board of Directors. My role is to ensure chapter officers are fully aware of the activities of the Board and Society that may have an impact on their individual chapters and the safety profession as a whole. I would serve as a sounding board for new ideas and challenging problems, and roll up my sleeves to work out problems with the chapters.

As the Japanese proverb says, "Vision without action is a daydream. Action without vision is a nightmare." I want to help put action into your vision and vision into your actions for the betterment of your chapter and the safety profession. I'm asking for, and appreciate, your vote for RVP for Region V. Thank you.

REMEMBER EVERY VOTE COUNTS...

Dear Chapter Members:

Unfortunately due to a wonderful Chicago snow-storm, we canceled the February meeting. Jim Soloman has been rescheduled for the June 12th meeting. We look forward to having him provide us with great Defensive Driving tips! In just a few weeks, Ed Glod will be providing us with information on Achieving VPP & ISO 14000 Status. His lessons learned may give us a twist on a new perspective. Come welcome Ed at the March 12th meeting, The Region V Regional Vice President elections will be coming soon. Please take the time to cast your vote for the most qualified candidate. Also, we will be advertising the list of candidates who have accepted to run for next year's Executive Board in our newsletter. Voting will be held in May, come out and cast your vote. As always, please let me know what your opinions are, your opinion counts! Hope to see you at our next Chapter meeting!

**IT'S ELECTION TIME FOR ASSE NATIONAL AND THE GREATER CHICAGO CHAPTER
NEW OFFICERS ELECTIONS AT MAY 8th MEETING**

During the May 8th General Meeting for the Greater Chicago Chapter we will be voting on the following list of officers for the 2007-2008 Chapter Year.

2007 - 2008 EXECUTIVE COMMITTEE OFFICERS SLATE

President	Maribeth Anderson
1st Vice President	Todd Macumber
2nd Vice President	Milton Vicenteno
Secretary	Paul Perrino
Treasurer	Jim Smith
Delegate	Al Borzych
Delegate	Marion Synowiec

If anyone is interested in serving on the Executive Committee above, please contact Al Borzych at 847-468-0325 or email at: aborzych@msn.com. Additionally, we are always looking for great people to serve on our numerous committees for the Greater Chicago Chapter, if you are interested in serving on any of the committees, please contact Maribeth Anderson at 773-894-7065 or email at: manderson@ohare.com.

Some of the great committees that could always use help are:

ASSE 100th Anniversary Chapter Committee	Current Chair: Rich Moscato
Membership	Current Chair: Mary Abbatacola
Newsletter	Current Chair: Leslie Batterson
Asst. Newsletter Editor	Open Chair Position
Programs	Current Chair: Allan Kaufman
Scholarship	Open Chair Position
Governmental Affairs	Current Chair: Todd Macumber
Web Administrator	Current Chair: Maribeth Anderson
Asst. Web Administrator	Open Chair Position
Assistant Financial Secretary	Current Chair: Milton Vicenteno

10 Ways To Improve Indoor Air Quality

One of the problems that we have had to solve at our house is the quality of the air during the winter months when the windows are rarely opened. My wife suffers terribly from poor air quality (not to mention the cost of trying to treat the conditions which result from it) so we needed to make some moves to improve the conditions. I'm sure that with winter now in full force that there are many others with their windows shut tight and the air inside their houses and apartments not circulating near as much as it does at other times of the year. Some studies have shown that air quality during the winter months is 1000% worse in homes than during other times of the year. For those seeking relief, here are the ten 10 steps that we made to improve the air quality of our home:

1. Bring In Some Nature: The first step we took was to bring in plants. When it comes to cleaning the air, plants are great friends. While numerous chemicals can contribute to poor air quality in the home, many of the chemicals that make us sick are the ones that plants thrive upon and they can quickly remove the chemicals from the air.

To get the best air cleaning potential from plants, you should have one for approximately every 10 square yards of floor space (more if you have high ceilings). You would therefore need two to three plants to help the air quality in the average sized US living room.

For those that lack a green thumb, there is nothing to worry about. Many of the popular indoor plants originated tropical forests where there was a lack of sunlight making them quite hardy. These types of plants are ideal for placing inside the home and will even thrive in dark corners.

According to Treehugger, the peace lily, bamboo palm, English ivy, mums, and gerbera daisies top the list of plants that will help improve your inside air quality. Best of all, these plants are easy to find and easy to care for.

2. Don't Smoke Indoors: This tip seems to be a pretty obvious one, but can provide challenges for those who do have a smoker in the family or as in our case, have friends that come over on a regular basis that smoke. The best option is for anyone that smokes, to do so outside which is the rule we implemented. We converted a small area outside to a smoking area which keeps the indoor air free of smoke.

With cold winter weather, however, having everyone go outside may not be a plausible choice for some. If smoking outside the house isn't possible, then smoking next to a ventilation fan (that pushes air outside the house), although not perfect, is better than letting people smoke anywhere in the house.

3. Circulate Air: One of the biggest problems we had with our indoor air quality in the winter was that fresh, outdoor air wasn't being circulated through our house due to the windows always being closed. We solved this by opening up the windows when we take any short trips away from the home. This little step really helped to clear out the poor quality air and we would return to a fresh house (although a bit cold).

4. Take / Wipe Off Your Shoes: Having lived in Japan for a number of years where shoes aren't allowed to be worn inside the house, I can attest to the amount of dirt, dust and other particles that shoes can drag all over the house. It's amazing how much cleaner a house remains when shoes aren't worn indoors and that equates into cleaner air indoors. If this is a habit you aren't used to, it may take a bit of an adjustment at first, but once you get into the habit, you'll never go back. If that seems too extreme, leave a damp rag at your entrance door and at least wipe down your shoes before entering the house.

5. Replace / Clean Furnace and Air Filters: This is one of those things that you are always told to do, but don't realize how a big a difference it can make until you practice it with diligence. Once we made sure our furnace and air filters were all clean and changed on a regular basis, it helped the indoor air quality. It doesn't take long for the filters to fill with dirt and grime and when they do, the air quality will deteriorate. (CONTINUED ON NEXT PAGE)

(Allan Kaufman Article continued)

This is also one area where you don't necessarily want to scrimp on money and buy the cheapest filters - we found that while we could get filters that cost less money, they didn't filter as well. We found that using a high efficiency particulate filter (HEPA) was best for us.

6. Use and Clean Ventilating Fans: This is a tricky one because leaving ventilating fans on all the time simply sucks out the warmed air in your house and your heating bill will be quite high. On the other hand, not using them to try and save on heating costs will affect the quality of the air in your house. Ventilation fans exist for a reason and that is to ventilate the areas where they exist. Remembering to turn them on and off and using them properly will help keep the air clean in the kitchen and bathrooms. While this wasn't a problem with us, you also want to make sure that these vent to the outside of the house. We also found that it's important to keep the ventilating fans clean and to replace any filters if they have them as this helps clear the air much better.

7. Use Safe Cleaning Products: I wasn't convinced this would make much of a difference at first, but it actually did make a noticeable difference for my wife. All the cleaning products that come with warnings do so for a reason: they contain harmful chemicals and when they are used, those chemicals get into the air. We found that there are plenty of non toxic alternatives that you can make at home (here's how) such as baking soda, washing soda and white vinegar & lemon juice that will work 90%+ of the time (and are also a lot less expensive).

During the times that you must use products that are toxic, make sure to ventilate the room where you're using it well so that you can get the fumes out of the air as quickly as possible.

8. Vacuum And Dust: This is another area where we found it was worthwhile to invest and purchase a more expensive unit than going with less expensive vacuum cleaner model. We opted for a non bag model that doesn't kick the fine dirt and dust that it picks up back into the house and when we change it made a big difference.

If you do have a vacuum cleaner with filter bags, then you want to change them regularly to help keep down the amount of particles thrown into the air. If you aren't careful in this area, your indoor air can actually get worse after a vacuuming due to all the dust getting kicked back up into the air.

While it's obvious to vacuum carpets, we found that doing regular vacuuming of other areas like fabric furniture was also important. Smaller hand held vacuums can be used to vacuum areas that a standard sized vacuum doesn't perform well on such as drapes and curtains to help them stay dust free. We also found that we needed to dust on a regularly basis (weekly for us) to keep the dust and the microscopic "dust mites" that live in the dust to a minimum.

9. Store Toxic Compounds Outside: While we already stored most of the toxic compounds we had outside, we were surprised to find some in the back of storage closets inside the house. These toxic compounds you want to look for are such things as cleaners, paints, pesticides and solvents to name just a few. We now store them in a small shed completely separate from the house.

10. Pets: If you have pets like us, it makes keeping the air quality in good condition especially difficult. Shedding hair is always a problem, but with the better vacuuming and cleaning habits we adopted, this solved a lot of the problems. What we found was causing a lot of problems for us was cat litter. Again, we found by spending a bit more for better quality litter, we had less dust problems from it. In addition, we moved the cat litter to a separate room that we could shut off from the rest of the house (and added a cat door) which helped tremendously. If you have pets, look at taking steps to pinpoint what pet issues are contributing to the poor air quality and look for solutions that will work for your circumstances.

By implementing all of these, the air quality in our house has improved dramatically which has resulted in less money spent on over the counter relief medicine and trips to the doctor, not to mention making each day a lot more enjoyable. Thanks to the editor of [Techlife](#) for bring this article to my attention,.

Allan Kaufman, CEO, *The Compliance Resource Center*



ASSE KIDS' ANNUAL NAOSH SAFETY-ON-THE-JOB POSTER CONTEST WINNERS ANNOUNCED

KIDS FROM MISSISSIPPI, OHIO, COLORADO AND OMAN WIN 5TH ANNUAL AMERICAN SOCIETY OF SAFETY ENGINEERS' SAFETY-ON-THE-JOB POSTER CONTEST

DES PLAINES, IL (February 23, 2007) – From a 'Work Safely' cartoon strip to 'Safety in Action at the Sugar Beet Factory', the winners of the 5th annual American Society of Safety Engineers' (ASSE) kids' 'Safety-on-the-Job' poster contest illustrated how to be safe at work in many creative ways. This week the winning posters selected from five age groups aged 5-14 were from Ohio, Colorado, Mississippi and the country of Oman. Their posters will be featured on the North American Occupational Safety and Health Week (NAOSH) 2007 poster distributed worldwide as part of the May 6 –12, 2007 NAOSH Week and May 9 Occupational Safety and Health Professional Day.

The first place winners of the ASSE poster contest are -- ages 5-6: Madyson Warren, 6, Conehatta, Mississippi, for 'Think Safe, Be Safe'; ages 7-8: Joel Adkins, 8, Marengo, Ohio, for 'Be Careful Around Moving Equipment'; ages 9-10: Gabriella (Abby) Corrigan, 10, Denver, Colorado, for 'Safety in Action at the Sugar Beet Factory'; ages 11-12: Abby McDaniel, 11, New Carlisle, Ohio, for 'In a factory, you need to wear a helmet and safety glasses.'; and, ages 13-14: Deepika Rathna Gandhavalla, 14, Muscat, Oman, for 'Work Safely' cartoon strip.

The ASSE kids' 'Safety-on-the-Job' poster contest is for members' children, grandchildren, nieces and nephews aged 5-14 and is aimed at educating children at an early age on the importance of and how to be safe at work. Winning posters best illustrate workplace safety. In addition to winning a savings bond and being featured on the NAOSH 07 poster, the poster contest winners, runners-up and all entrants will be recognized at the NAOSH 07 national kick-off events Monday, May 7 in Washington, D.C., at the U.S. Department of Labor and in the U.S. Capitol. ASSE, U.S. Occupational Safety and Health Administration (OSHA) and Canadian Society of Safety Engineering (CSSE) officials and OSHA Alliance members representing more than 134,000 businesses will participate.

Due to the growth of the contest, ASSE expanded the awards to include third and fourth place winners -- all receiving savings bonds. Those runners up include -- ages 5-6: second place -- Rachel Patterson, 5, Waterloo, Illinois, third place -- Abigail (Abby) Helsler, 6, Portage, Wisconsin, fourth place -- Lauren Young, 6, Rescue, California; ages 7-8: second place -- Amanda Moore, 8, Boise, Idaho, third place -- Morgan E. Andersen, 7, Eau Claire, WI, fourth place -- Haley Bock, 7, Apex, North Carolina; ages 9-10: second place -- Stephen J. Benigno, 10, Cherry Hill, New Jersey, third place -- Jessica Attig, 9, Milton, Vermont, fourth place -- Devon Tapp, 10, Cherry Hill, New Jersey; ages 11-12: second place -- Jami Kunde, 11, Bloomington, Illinois, third place -- Emily Jensen, 11, Springfield, Oregon, fourth place -- V. V. Praveen, 12, Kuwait, Kuwait; and, ages 13-14: second place -- Sravya Khasnavees, 13, Monmouth Junction, New Jersey, third place -- Lia Yateman, 13, Henderson, Nevada and fourth place -- Aaron Trites, 14, Omaha, Nebraska.

For NAOSH 07 participation information and the poster please go to www.asse.org/naosh07. To order a copy of the NAOSH 07 poster contact ASSE at customerservice@asse.org. =

**Welcome new members to the Greater Chicago Chapter of ASSE
We look forward to seeing you at an upcoming meeting**

**Adeufe Olukolade
Chicago Transit Authority**

**Aaron Leftwich
Jesse Brown VA Medical Center**

**Phillip Reid
Boeing**

**Joseph Spielman
John Crane Company**

2006 – 2007 Greater Chicago ASSE Speakers—

SAVE THE DATES

- | | |
|-----------------------|---|
| March 13, 2007 | Ed Glod (EH&S Manager, Northrop Grumman), Achieving VPP & ISO 14000 Status |
| April 10, 2007 | Steve Jensen (President American Safety Training), Confined Space Safety |
| May 8, 2007 | Field Trip to Shedd Aquarium |

To our Chapter Members:

Our Greater Chicago Chapter has established an ASSE 100th Anniversary chapter committee this year. The committee's overall goal is to help prepare us to join in this celebration in many ways. This includes documenting our chapter's history and accomplishments over the years and to give back to all our members something of value, in commemoration of this great event.

We will keep you informed of our progress and we definitely welcome any ideas or comments you may have on this subject. Please feel free to contact me, or any member of the committee, with your thoughts. When you do so, we ask that you please put in the Subject line of your e-mail "ASSE 100th Anniversary", so your message can receive prompt attention. For your convenience, following is a list of our Chapter Committee members and e-mail addresses.

Rich Moscato, CSP Chapter Committee Chair

ASSE to Celebrate 100th Anniversary in Chicago

ASSE will hold its 100th year anniversary celebration in Chicago in June 2011.

ASSE was founded in October 1911 in New York City after the Triangle Shirtwaist Factory Fire in which 146 female garment workers died. Many were trapped in the factory and others jumped to their deaths from the ninth floor. The fire exit doors were locked and, reportedly, the only safety measures available for the workers were 27 buckets of water.

"For us, the oldest and largest professional safety society, to have our 100th year anniversary celebration in Chicago is a great way to commemorate the great strides the profession has made over the years," says ASSE President Donald S. Jones, P.E., CSP. "Like Chicago, ASSE continues to grow and become stronger. Our members from around the globe continue to impact our economy in a positive way as well as increase the quality of life for all by working to make sure workers return home from work every day safely and without injury."